Coppa Allergen Information

Spring 2022 | Version 1.2

NIBBLES	This dish contains														Suitable for?		
Dishes	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Garlic Bread	• wheat										•				Yes	Yes	No
Sticky Chorizo Piquant Glaze	• wheat							•		•	•				No	No	No
Large Green Olives															Yes	Yes	Yes
Zucchini Fritti	• wheat			◊		◊	◊	◊	◊	◊	•	◊	◊		Yes	Yes	No
Parmesan Croquettes Large	• wheat			◊		◊	◊	•	•	◊	◊	◊	◊		No	No	No
Parmesan Croquettes Small	• wheat			◊		◊	◊	•	•	◊	◊	◊	◊		No	No	No
Garlic & Rosemary Focaccia	• wheat														Yes	Yes	No

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Spring 2022 | Version 1.2

SMALL PLATES & SHARING	This dish contains														Suitable for?		
Dises	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Buttermilk Fried Chicken	● wheat			◊		◊	●	●	●	◊	●	◊	◊		No	No	No
Crispy Fried Squid	● wheat			◊		●	●	◊	●	◊	●	●	◊		No	No	No
Scottish Salmon Ceviche Ponzu Dressing	● wheat			●			●				●				No	No	No
Pan Seared King Prawns	● wheat				●										No	No	No
Sprouting Broccoli Salad			● hazelnut				●						●		Yes	Yes	Yes
Pea Broad Bean Courgette Bruschetta	● wheat							●							No	Yes	No
Bresaola & Celeriac Remoulade									●	●		●	●		No	No	Yes
Burrata Roast Peppers and Purple Basil Pesto								●							No	Yes	Yes
Sun Dried Tomato Arancini	● wheat			◊		◊	◊	●	●	◊	◊	◊	●		No	No	No

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Spring 2022 | Version 1.2

MAINS & GRILLS	This dish contains														Suitable for?		
Dishes	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
10oz Dry Aged Ribeye Steak															No	No	Yes
7oz Dry Aged Fillet Steak															No	No	Yes
British Flash Steak															No	No	Yes
Beef Burger no Bacon	• wheat oats							•		•		•			No	No	No
Vegan Burger	• wheat oats barley									•	•	•	•		Yes	Yes	No
Corn Fed Chicken Dressed Rocket & Parmesan								•							No	No	Yes
Corn Fed Chicken Mushroom & Tarragon Sauce								•					•		No	No	Yes
Corn Fed Chicken Piri Piri Sauce								•							No	No	Yes

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Fishcake Greens & Tartare Sauce	• wheat			•		◊	◊	•	•	•	◊	•	•		No	No	No
Halibut Chickpeas & Mint Yoghurt	◊			•		◊	◊	•	◊	•	◊	◊	◊		No	No	Yes
Spiced Roasted Cauliflower							•								Yes	Yes	Yes
Spiced Roasted Cauliflower to Share							•								Yes	Yes	Yes
Sea Reared Trout Herbed Freekeh	• wheat			•									•		No	No	No

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FRESH PASTA	This dish contains														Suitable for?		
Dishes	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Carbonara Large	• wheat							•	•						No	No	No
Carbonara Small	• wheat							•	•						No	No	No
Wild Prawn Spaghetti Large	• wheat			•	•			•	•			•	•		No	No	No
Wild Prawn Spaghetti Small	• wheat			•	•			•	•			•	•		No	No	No
Tagliatelle Primavera Large	• wheat							•	•						No	No	No
Tagliatelle Primavera Small	• wheat							•	•						No	No	No
Tuscan Fennel Sausage Ragu Large	• wheat							•	•			•	•		No	No	No
Tuscan Fennel Sausage Ragu Small	• wheat							•	•			•	•		No	No	No

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SOURDOUGH PIZZA	This dish contains														Suitable for?		
Dishes	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Four Cheese Pizza	• wheat							•			•				No	No	No
Hot Pizza	• wheat							•			•				No	No	No
Parma Ham Pizza	• wheat							•			•				No	No	No
Pizza Margherita Buffala	• wheat							•			•				No	Yes	No
Vegan Coppa Hot	• wheat										•				Yes	Yes	No

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SALADS & BOWLS	This dish contains														Suitable for?		
Dishes	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Club Caesar Salad	• wheat							•	•	•					No	No	No
Club Caesar Chicken	• wheat							•	•	•					No	No	No
Club Caesar Halloumi	• wheat							•	•	•					No	No	No
Club Caesar Sea Trout	• wheat			•				•	•	•					No	No	No
Super Greens & Seeds							•			•					Yes	Yes	Yes
Super Greens & Seeds Halloumi							•	•		•					No	Yes	Yes
Super Greens & Seeds Chicken							•			•					No	No	Yes
Super Greens & Seeds Sea Trout				•			•			•					No	No	Yes

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Chopped Green Goddess													•		Yes	Yes	Yes
Chopped Green Goddess with Trout				•									•		No	No	Yes
Chopped Green Goddess with Chicken													•		No	No	Yes
Chopped Green Goddess with Halloumi								•					•		No	Yes	Yes
Prosciutto Salad			• walnut					•					•		No	No	Yes

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SIDES	This dish contains														Suitable for?		
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Roast Potatoes															Yes	Yes	Yes
Hispi Cabbage			• almonds												Yes	Yes	Yes
House Salad							•			•					Yes	Yes	Yes
Skinny Fries	◊			◊		◊	◊	◊	◊	◊	◊	◊	◊		Yes	Yes	Yes
House Slaw								•							No	Yes	Yes
Truffle Pecorino Fries	◊			◊		◊	◊	•	◊	◊	◊	◊	◊		No	Yes	Yes

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ADD ONS	This dish contains														Suitable for?		
Dishes	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Add Peppercorn Sauce								•							No	Yes	Yes
Add Vegan Nduja															Yes	Yes	Yes
Add Truffle Cream								•	•						No	No	No
Add Chimichurri															Yes	Yes	Yes

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