

# Coppa Club Allergen Information

Autumn 2021 | Version 1.3



BREAKFAST	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
White Toast	• wheat, barley														Yes	Yes	No
Granary Toast	• wheat														Yes	Yes	No
Sourdough Bread	• wheat, rye														Yes	Yes	No
Spelt Croissant	• wheat, spelt							•							No	Yes	No
Pain Aux Chocolat	• wheat							•			•				No	Yes	No

\* pine nuts are actually a kernel and not a recognised allergen

## Guide to symbols

- **a red dot** indicates that the allergen is present in the dish. The allergen may appear in more than one ingredient and it may not be immediately obvious, for example; the allergen could be hidden in a sauce.
- ◆ **a purple diamond** indicates that during preparation a piece of equipment, such as a fryer, is also used for another dish which may also contain this allergen.
- a grey box** indicates that the allergen is contained in a simple ingredient and the dish can be modified to remove it. Please ask your server for more details

**IMPORTANT NOTE:** Please be aware that although the allergens may not be contained in the ingredients of your dish, they may still be present in the kitchen environment and cannot be removed entirely. Therefore, please ensure your server is aware of your allergy or intolerance. This is so that the order can be properly communicated to the kitchen team and they, in turn, can take extra steps to prevent any possible cross-contamination.

In accordance with the law, Gluten is not declarable when less than 20ppm and Sulphites when less than 10ppm.

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<b>Coconut Yoghurt, Berries &amp; Granola</b>	• oats		• almond, hazelnut				•								Yes	Yes	No
<b>Avocado &amp; fried egg roll</b>	• wheat, oats							•			•				No	Yes	No
<b>Avocado and Scrambled Egg Roll</b>	• wheat, oats							•	•		•				No	Yes	No
<b>Bacon and Fried Egg Roll</b>	• wheat, oats								•						No	No	No
<b>Bacon and Scrambled Egg Roll</b>	• wheat, oats								•	•					No	No	No
<b>Smoked Salmon and Fried Egg Roll</b>	• wheat, oats			•						•					No	No	No
<b>Smoked Salmon and Scrambled Egg Roll</b>	• wheat, oats			•					•	•					No	No	No

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Smashed Avocado on Toast	• wheat								•						No	Yes	No
Smashed Avocado on Toast with Salmon	• wheat								•						No	No	No
Smashed Avocado on Toast with Bacon	• wheat								•						No	No	No
Garden Breakfast	• wheat							•	•						No	Yes	No
Skillet Breakfast	• wheat							•	•			•	•		No	No	No

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