

Coppa Club Allergen Information

Spring 2021 | Version 1.5

NIBBLES	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Zucchini Fritti	• wheat			◇		◇	◇	•	◇	◇	◇	◇	◇		◇	◇	No
Parmesan Croquettes small / large	• wheat			◇		◇	◇	•	•	◇	◇	◇	◇		No	No	No
Warm Sourdough Bread	• wheat, rye														Yes	Yes	No
Garlic Bread	• wheat														Yes	Yes	No
Rose Harissa Nuts		•	• all tree nuts												Yes	Yes	Yes
Large Green Olives															Yes	Yes	Yes

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Guide to symbols

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- a grey box** indicates that the allergen is contained in a simple ingredient and the dish can be modified to remove it. Please ask your server for more details

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STARTERS	This dish contains														Suitable for?		
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Nduja & Pork Ragù	• wheat							•	•			•	•		No	No	No
Truffle Arancini	• wheat			◊		◊	◊	•	•	•	◊	•	•		No	◊	No
Crispy Squid	• wheat			◊		•	◊	◊	•	◊	◊	•	•		No	No	No
Burrata, peas, broad beans & basil								•							No	No	Yes
Add prosciutto															No	No	Yes
Ham Hock Terrine	• wheat									•			•		No	No	No
Orrecchiette	• wheat							•							No	Yes	No
Tuna Carpaccio	• wheat			•									•		No	No	No

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SMALL PLATES	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Devon Crab Salad					•			•							No	No	Yes
Buttermilk Fried Chicken	• wheat			◊		◊	•	•	•	◊	◊	◊	•		No	No	No
Beetroot & Lentil Salad			• hazelnuts				•					•	•		Yes	Yes	Yes
Crab Linguine	• wheat			•	•			•	•						No	No	No
Seared King Prawns	• wheat				•								•		No	No	No
Carbonara	• wheat							•	•						No	No	No

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MAINS	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Haddock & Salmon Fishcakes	• wheat			•				•	•			•	•		No	No	No
Halibut al Cartoccio	• wheat			•											No	No	No
Loch Duart Salmon				•								•	•		No	No	Yes
British Flash Steak															No	No	Yes
British Flash Steak with Fries															No	No	Yes
10oz Sirloin Steak															No	No	Yes
Roast Lamb Rump								•							No	No	Yes

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Coppa Club Burger - no bacon	• wheat, oats							•			•		•			No	No	No
Vegan Burger	• wheat, barley, oat										•	•	•	•		Yes	Yes	No
Corn Fed Chicken								•								No	No	Yes
Corn Fed Chicken, Tomatoes, Rocket & Parmesan								•								No	No	Yes

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SALAD	This dish contains														Suitable for?			
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Devon Crab Salad					•			•								No	No	Yes
Grain Bowl										•				•		Yes	Yes	Yes
Grain Bowl with Salmon				•						•				•		No	No	Yes
Grain Bowl with Chicken										•				•		No	No	Yes
Grain Bowl with Halloumi								•		•				•		No	Yes	Yes
Poke Bowl				•						•				•		No	No	Yes
Buddha Bowl							•		•	•				•		No	Yes	Yes
Buddha Bowl with Tuna				•			•		•	•				•		No	No	Yes

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Buddha Bowl with Salmon				•			•		•	•				•		No	No	Yes
Buddha Bowl with Chicken							•		•	•				•		No	No	Yes
Buddha Bowl with Halloumi							•	•	•	•				•		No	Yes	Yes
Club Caesar	• wheat, barley			•				•	•					•		No	No	No
Club Caesar with Tuna	• wheat, barley			•				•	•					•		No	No	No
Club Caesar with Salmon	• wheat, barley			•				•	•					•		No	No	No
Club Caesar with Chicken	• wheat, barley			•				•	•					•		No	No	No
Club Caesar with Halloumi	• wheat, barley			•				•	•					•		No	No	No

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Super Greens & Grains Salad							•				•			•		Yes	Yes	Yes
Super Greens & Grains Salad with Tuna				•			•				•			•		No	No	Yes
Super Greens & Grains Salad with Salmon				•			•				•			•		No	No	Yes
Super Greens & Grains Salad with Chicken							•				•			•		No	No	Yes
Super Greens & Grains Salad with Halloumi							•	•			•			•		No	Yes	Yes

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PIZZA	This dish contains														Suitable for?		
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Margherita	• wheat							•							No	Yes	No
Margheritta Buffalo	• wheat							•							No	Yes	No
Coppa Club Hot	• wheat							•							No	No	No
Pugliese Pizza	• wheat							•					•		No	Yes	No
Parma Ham	• wheat							•							No	No	No

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PASTA	This dish contains														Suitable for?		
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Carbonara	• wheat							•	•						No	No	No
Crab Linguine	• wheat			•	•			•	•						No	No	No
Nduja & Pork Ragu	• wheat							•	•			•	•		No	No	No
Orrecchiette	• wheat							•							No	Yes	No
Fusilli Fresh Crab Gluten Free				•	•			•							No	No	Yes
Fusilli Carbonara Gluten Free								•	•						No	No	Yes
Nduja & Pork Ragu Gluten Free								•				•	•		No	No	Yes
Orecchiette Large Gluten Free								•							No	Yes	Yes

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SIDES	This dish contains														Suitable for?		
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Green Beans			• almonds												Yes	Yes	Yes
Tenderstem Broccoli															Yes	Yes	Yes
House Salad							•			•			•		No	Yes	Yes
Skinny Fries															Yes	Yes	Yes
Truffle Pecorino Fries								•							No	Yes	Yes
add Chimchurri															Yes	Yes	Yes
add Truffle Cream								•	•						No	No	No

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