

Coppa Club Allergen Information

Spring/Summer 2020 | Version 2.3

BREAKFAST & BRUNCH	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Granary Bloomer Toast (Plain)	• wheat, barley																
White Bloomer Toast (Plain)	• wheat																
Coconut Yoghurt, Berries & Granola	• oats		• almond, hazelnut				•										
Rolled Porridge & Toasted Seeds	• oats		• almond				•	•							No	Yes	No
Buckwheat Pancakes & Berries	• wheat, rye, oats		• almond, hazelnut				•	•	•						No	Yes	No
Smashed Avocado on Toast	• wheat								•						No	Yes	No

* pine nuts are actually a kernel and not a recognised allergen.

Guide to symbols

- **a red dot** indicates that the allergen is present in the dish. The allergen may appear in more than one ingredient and it may not be immediately obvious, for example; the allergen could be hidden in a sauce.
- ◆ **a purple diamond** indicates that during preparation a piece of equipment, such as a fryer, is also used for another dish which may also contain this allergen.
- **a grey box** indicates that the allergen is contained in a simple ingredient and the dish can be modified to remove it. Please ask your server for more details

IMPORTANT NOTE: Please be aware that although the allergens may not be contained in the ingredients of your dish, they may still be present in the kitchen environment and cannot be removed entirely. Therefore, please ensure your server is aware of your allergy or intolerance. This is so that the order can be properly communicated to the kitchen team and they, in turn, can take extra steps to prevent any possible cross-contamination.

In accordance with the law, Gluten is not declarable when less than 20ppm and Sulphites when less than 10ppm.

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Garden Breakfast	• wheat							•	•						No	Yes	No
Skillet Breakfast	• wheat							•	•			•	•		No	No	No
Eggs Benedict – with Spinach	• wheat, barley							•	•	•	•				No	Yes	No
Eggs Benedict – with Bacon	• wheat, barley							•	•	•	•				No	No	No
Eggs Benedict – with Smoked Salmon	• wheat, barley			•				•	•	•	•				No	No	No

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Add on - Butter								•							No	Yes	Yes
Add on - Jam																	
Add on - Marmalade																	
Add on – Streaky Bacon															No	No	Yes
Add on – Cumberland Sausage	• wheat											•	•		No	No	No
Add on – Black Pudding															No	No	Yes
Add on – Smoked Salmon				•											No	No	Yes
Add on – Maple Syrup															Yes	Yes	Yes

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Spelt Croissant	• wheat, spelt							•							No	Yes	No
Almond Croissant	• wheat		• almond					•	•						No	Yes	No
Pain Aux Chocolat	• wheat							•			•				No	Yes	No
Pain Aux Raisins	• wheat							•							No	Yes	No
Cherry Danish	• wheat										•				No	Yes	No

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