

Coppa Club Allergen Information

Spring/Summer 2020 | Version 2.3



NIBBLES	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Warm Sourdough Bread	• wheat, rye														Yes	Yes	No
Garlic Bread	• wheat														Yes	Yes	No
Rose Harissa Nuts		•	• all tree nuts												Yes	Yes	Yes
Large Green Olives															Yes	Yes	Yes
Zucchini Fritti	• wheat			◇		◇		◇	◇	◇	◇	◇	◇		◇	◇	No
Sticky Chorizo	• wheat							•		•	•		•		No	No	No

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	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Burrata & Peperonata								•							No	Yes	Yes
Burrata & Pesto			• cashew					•	•						No	Yes	Yes
Buttermilk Fried Chicken	• wheat			◊		◊	•	•	•	•	◊	◊	•		No	No	No
Mozzarella Arancini & Truffle Mayonnaise	• wheat			◊		◊		•	•	•	•	•	•		No	No	No
Artichokes on Toast	• wheat		• pinenuts										•		Yes	Yes	No
Tomato Bruschetta	• wheat							•							No	Yes	No

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Tuna Carpaccio				•			•								No	No	Yes
Seared King Prawns	• wheat				•										No	No	No
Crispy Squid	• wheat			◊		•	•	◊	•	•	◊	•	•		No	No	No

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Coppa Club Burger	• wheat, oats							•		•	•	•	•		No	No	No
Coppa Club Burger + Bacon	• wheat, oats							•		•	•	•	•		No	No	No
Vegan Burger	• wheat, barley, oat									•	•	•			Yes	Yes	No
Sea Trout on Plancha	• wheat		• pinenuts	•							•	•			No	No	No
Cod on Plancha				•											No	No	Yes
Corn Fed Chicken								•							No	No	Yes
Chicken Milanese	• wheat							•	•						No	No	No

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Stone Bass, Leeks & Saffron Sauce				•		•		•					•		No	No	Yes
British Flash Steak															No	No	Yes
10oz Sirloin Steak															No	No	Yes
Add Truffle Cream	• wheat							•							No	No	No
Add Chimichurri															Yes	Yes	Yes
Baked Aubergine	• wheat							•							No	Yes	No

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SALADS	This dish contains														Suitable for?		
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Grain Bowl										•			•		Yes	Yes	Yes
Grain Bowl with Tuna				•						•			•		No	No	Yes
Caesar Salad	• wheat, barley			•				•	•				•		No	No	No
Supergreens & Grains							•			•					No	Yes	Yes

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PIZZA	This dish contains														Suitable for?		
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Margherita	• wheat							•							No	Yes	No
Margherita + Burrata	• wheat							•							No	Yes	No
Coppa Club Hot	• wheat							•							No	No	No
Artichoke & Mozzarella	• wheat							•							No	Yes	No
Parma Ham	• wheat							•							No	No	No
Fig, ricotta and walnut pesto	• wheat		• walnuts					•							No	No	No

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PASTA	This dish contains														Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Bucatini Carbonara	• wheat							•	•						No	No	No
Fresh Crab Linguine	• wheat			•	•			•	•						No	No	No
Penne Pomodoro	• wheat							•							No	Yes	No
Penne Pomodoro + Burrata	• wheat							•							No	No	No
Pappardelle Nduja Ragu	• wheat							•	•			•	•		No	No	No

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GF Carbonara Fusilli								•	•						No	No	Yes
GF Fresh Crab Fusilli				•	•			•	•						No	No	Yes
GF Pomodoro Fusilli + Burrata								•	•						No	No	Yes
GF Pomodoro Fusilli (without Burrata)								•	•						No	No	Yes
GF Nduja Pork Fusilli								•	•			•	•		No	No	Yes

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SIDES	This dish contains														Suitable for?		
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Zucchini Fritti	• wheat			◇		◇		◇	◇	◇	◇	◇	◇		◇	◇	No
Tenderstem Broccoli															Yes	Yes	Yes
House Salad							•			•					No	Yes	Yes
Skinny Fries															Yes	Yes	Yes
Club Slaw								•							No	Yes	Yes

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